

CHOICE BASED HOBBIES



Explore Our Hobbies, Unleash Your Passion!

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“Hobbies shine, Dreams take flight,
Endless doors open bright!”



BHARATANATYAM

Grace in Motion, Stories in Rhythm!

Bharatanatyam, a sacred Indian classical dance, is a mesmerizing blend of rhythm, grace, and storytelling. Originating from the temples of Tamil Nadu, it embodies devotion, discipline and artistic expression, bridging the human spirit with the divine.

INTRODUCTION

- Introduction to Bharatanatyam & its History
- Namaskar (Traditional Salutation)
- Vyaayaam (Adavu-based Exercises)
- Basic Adavu Techniques (Tatta Adavu)
- Single-Hand Gestures (Asamyutha Hasta Mudra)
- Classical Dance Styles & Their Origins
- Introduction to Shlokas & Rasa (Expressions)

EXPLORE

- Refinement of Namaskar & Adavu Movements
- Expansion on Asamyutha Hasta Mudra
- Introduction to Talas (Rhythmic Cycles)
- Understanding and Creating Dance Choreography
- Advanced Study of Shlokas & Rasa

SKILL DEVELOPMENT

Bharatanatyam is a graceful blend of discipline, expression and cultural heritage. It enhances posture, balance, and flexibility while fostering rhythmic awareness, storytelling and mindfulness. Beyond dance, it builds confidence, creativity and perseverance, making it a powerful journey of self-expression and tradition.



DRAMA

Step into the Spotlight – Express, Create, Perform!

Drama as a hobby is an exciting way to explore storytelling, emotions and performance. It builds confidence, creativity and communication skills through acting, improvisation and role-play. Beyond the stage, it enhances self-expression, teamwork and adaptability, making it a fun and enriching experience.



INTRODUCTION

- Emotions & Expression
- Mirror & Frame Games
- Machine Game & Object Making
- Mime & Situational Drama
- Voice Activities & Modulation
- 7-Frame Story & Dialogue Delivery
- One-Dialogue Act & Natyavachan
- Self-Play Performance

EXPLORE

- Monologue Performance
- One-Minute Object Talk
- Mimicry & Voice Imitation
- Voice Understanding & Modulation
- Dialogue Fluency & Delivery



SKILL DEVELOPMENT

Drama builds confidence, adaptability and communication skills. It enhances voice control, body language and emotional expression while fostering teamwork, focus and quick thinking. These skills go beyond the stage, helping in public speaking, collaboration and daily interactions.

FRENCH



Explore French, Embrace Culture, Enjoy Learning!

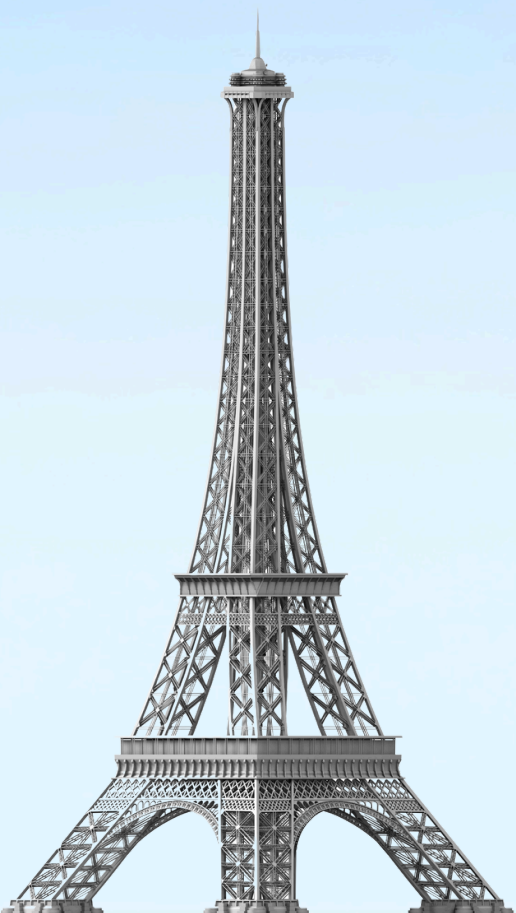
French, a globally spoken language, is now offered as an exciting hobby! Through interactive activities, students will explore basic language skills, culture and traditions, making learning both fun and engaging.

INTRODUCTION

- Discover France – Map, History, Monuments, Bastille Day.
- Language Basics – Greetings, Numbers, Colours, Alphabets, Articles, Verbs.
- Vocabulary & Grammar – Family, Self-Intro, Adjectives, Pronouns, Prepositions.
- Culture & Comprehension – Festivals, Body Parts, Days, Translation, Time.

EXPLORE

- Communication – Sentence Formation, Dialogue, Extempore Speaking.
- Vocabulary & Grammar – Thematic Words, Adjectives, Tenses.
- Comprehension – Listening, Reading, Translation.
- Creative Expression – Songs, Composition Writing



SKILL DEVELOPMENT

This hobby enhances language skills in reading, listening, comprehension and speaking French. It promotes cultural awareness, fosters adaptability and broadens perspectives by encouraging curiosity and appreciation of diversity. Students gain confidence and develop a global outlook through engaging activities and interactive learning.

SYNTHESIZER

Unlock the Magic of Music – Play, Perform, Inspire!

Explore the synthesizer with a blend of Indian and Western music! Learn notes, play melodies and refine your rhythm with chords and metronome practice. Build confidence for live performances and experience the magic of music.

INTRODUCTION

- Learning Indian and Western notes
 - Playing songs with chords and rhythm
 - Practicing with a metronome for timing and precision
 - Performance preparation to build confidence.
-
- Song Repertoire:
 - Happy Birthday Tune (C Major chord)
 - Jana Gana Mana – National Anthem
 - Harry Potter (Hedwig's Theme)
 - Satranga Song
 - Lehra Do Song
 - Bhulbhulaiya Song (with metronome)

EXPLORE

- Playing advanced songs
- Using chords with rhythm
- Performing songs with a metronome
- Learning broken chords

SKILL DEVELOPMENT

Learning the synthesizer enhances musical skills by mastering Indian and Western notes, rhythm and chords. It strengthens precision through metronome practice, improving timing and accuracy. Performance confidence grows as students build stage presence for live shows. Stronger ear training helps recognize melodies and harmonies, while better finger coordination ensures smoother playing. This hobby fosters creativity, discipline, problem-solving and musical expression. Additionally, it nurtures essential life skills such as focus, adaptability and teamwork, making music an enriching experience beyond just playing an instrument.

TABLA

Explore the Rhythms of Tradition

Tabla is a rhythmic and soulful journey into the world of Indian percussion. Whether you're a beginner exploring basic beats or an advanced player mastering compositions, playing the tabla is a blend of art, meditation and expression.



INTRODUCTION

- Basic Bol (Ti, Ra, Ki, Ta)
- Riyaz Bol (Dha Dha Tirakita, Ta Ta Tirakita and Variations)
- Taal - Dadra
- Taal - Teental/Trital
- Taal - Jhaptaal
- Kayda in Taal Teental

EXPLORE

- Advance Bol for Riyaz
- Tukde in Taal Teental
- Kayda in Taal Jhaptaal
- Rela of Taal Teenta

SKILL DEVELOPMENT

Learning tabla enhances rhythm, coordination and concentration, improving focus and discipline in daily life. It fosters creativity and improvisation, helping students develop a deep understanding of Indian classical music. Playing tabla strengthens hand-eye coordination, multitasking skills and mathematical thinking through beat patterns. It also promotes stress relief, patience and emotional expression, making it a meditative and fulfilling experience. Additionally, performing in groups boosts confidence, teamwork, and communication skills, while fostering an appreciation for Indian culture and traditions.



VOCALS

Explore the Art of Singing with Vocal Hobby!

Vocal hobby is the practice of learning and improving singing skills. It involves vocal exercises, breath control and exploring different musical styles like Indian classical and Bollywood. Singing is not just an art but also a way to relieve stress, enhance creativity and connect with music on a deeper level.



EXPLORE

- Alankar with Taal
- Two Advanced Ragas with Aalap & Taan
- Patriotic Songs
- Advanced Taal
- Sargam Geet
- Tarana
- Taal
- Bollywood Songs
- Performance Practice & Preparations

INTRODUCTION

- Raag Bhimpalasi
- Raag Bhairav (with Taan)
- Ganpati Song (Darbari Kanada)
- Advanced Alankars
- Patriotic Songs
- Raag Megh Malhar Sargam
- Bollywood Songs (2)
- Stage Performance Preparations
- Technical Concepts -
Mandra, Madhya, Taar Saptak,
Komal, Tivra Swara



SKILL DEVELOPMENT

Learning vocals enhances breath control, pitch accuracy and rhythm while building confidence through stage performance. It blends classical and modern styles, strengthening creativity, focus and expression. Vocal training also nurtures discipline, teamwork and problem-solving skills. It enhances creativity and is meditative in skill development.

ROBOTICS

Where Creativity Meets Technology!

Robotics as a hobby blends creativity, coding and engineering, allowing you to design, build and program robots. It introduces AI, automation and problem-solving through hands-on projects, making STEM learning fun and interactive.

INTRODUCTION

- Coding & AI – Fundamentals of programming, artificial intelligence and automation
- Game Design – Create interactive games and simulations
- Quarky Board Programming – Operate and control Quarky board functions
- 3D & XR Studio – Explore virtual environments for immersive learning
- Animation & Graphics – Design interactive visuals and animated elements
- Hands-On Projects – Build a maze, design a space adventure, create digital games, develop a calculator and control displays.

EXPLORE

- Game Development – Design simple and advanced computer games
- Quarky Board Programming – Create basic and advanced programs for automation
- Line Following Programs – Develop Quarky board-controlled line-following mechanisms
- 3D & XR Studio – Work in virtual environments for immersive learning

SKILL DEVELOPMENT

Robotics enhances problem-solving, critical thinking and decision-making skills, making everyday tasks easier to tackle. It fosters creativity, innovation and hands-on learning, improving technological adaptability. These skills are valuable for both STEM careers and daily life, from troubleshooting to effective planning.



CRAFT

Create, Explore, Innovate!

Craft is the art of creating handmade objects using skill, creativity and various materials like paper, fabric, clay and wood. In this class, transform simple materials into extraordinary creations.



INTRODUCTION

- Wall Hangings
- Paper Cutting
- Flowers Fan Fold Articles
- Newspaper Crafts
- Expression Frame
- Paper Glass Puppet
- 3D Hanging Flowers
- Tissue Stand
- Lotus & Champa Flowers
- Pen Stand
- Paper Lantern

EXPLORE

- Quilling Art – Rolled paper designs.
- Shadow Box Art – 3D paper cutout frames.
- Paper Mache Sculptures – Masks & figurines.
- Weaving with Paper Strips – Baskets & patterns.
- Foam Sheet Crafts – 3D models & decor.
- Clay & Paper Fusion Art – Mixed-media creations.
- Decoupage on Wood – Tissue-decorated trays & boxes.
- Pop-Up Cards – Interactive paper designs.
- Miniature Paper Houses – Small architectural models.
- Recycled Paper Art – Bowls, vases & frames.

SKILL DEVELOPMENT

Crafting enhances creativity, patience, and fine motor skills while improving hand-eye coordination. It fosters problem-solving, focus and self-expression. Practical benefits include better organization, refined motor skills for daily tasks and a mindful, stress-relieving activity.



FASHION DESIGNING

Unleash Your Creativity, Design Your Style!

Fashion designing is the art of creating clothing and accessories by blending design, aesthetics and functionality. It involves sketching ideas, selecting fabrics, understanding trends and constructing garments. Influenced by culture and evolving styles, fashion design combines creativity with technical skills to develop unique and stylish outfits.

INTRODUCTION

- Sketching body parts & garment illustrations
- Using designer fabrics & color application
- Coloring and texture printing
- Fashion collage making
- Designing fashion posters

EXPLORE

- Advanced garment sketching techniques
- Creating fashion croquis
- Digital fashion design basics
- Exploring sustainable fashion
- Fabric draping techniques
- Designing themed fashion collections

SKILL DEVELOPMENT

Fashion designing as a hobby empowers students with creativity, innovation and practical skills. It enhances their ability to visualize, sketch and design unique styles while improving their understanding of fabrics, colors and trends. This hobby nurtures a keen eye for detail, refines aesthetic sense and boosts confidence in personal styling and self-expression. By learning fashion design, students develop a foundation that can be applied in daily life, from making informed dressing choices to exploring future career opportunities in the fashion industry.

GERMAN



Learn German, Unlock Opportunities!

German Language Hobby introduces learners to the beauty of the German language through interactive and engaging lessons. From basic vocabulary to advanced conversation skills, this program fosters linguistic confidence, cultural appreciation and practical communication abilities for both personal and professional growth.

INTRODUCTION

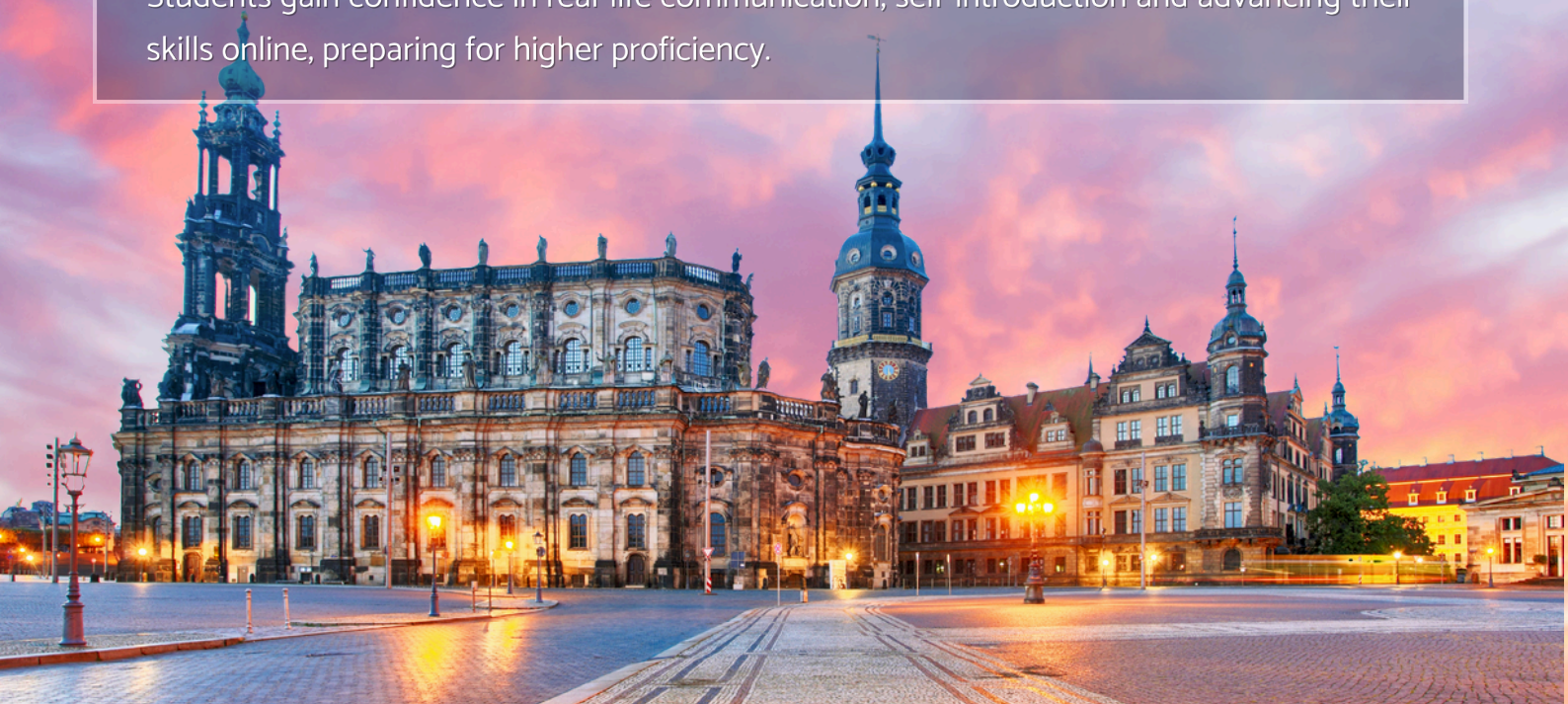
- Introduction to the German Language
- Numbers & Months
- Greetings & Basic Conversations – Animals & Birds – Festivals & Cultural Insights
- Flags of German-speaking Countries

EXPLORE

- Telling Time & Clock Reading
- Free-time Activities
- Introduction to Basic Grammar
- Daily Used Words & Practical Expressions
- Activity-Based Learning for Better Retention
- Self-Introduction in German Advancing Language

SKILL DEVELOPMENT

Learning German boosts communication, cultural awareness and cognitive skills, unlocking career, travel and global opportunities. Interactive, activity-based learning builds a strong foundation in vocabulary, grammar and conversations, ensuring better retention. Students gain confidence in real-life communication, self-introduction and advancing their skills online, preparing for higher proficiency.



ORIGAMI

Folding Creativity, Shaping Perfection!

Origami is the traditional Japanese art of paper folding, where a single sheet is transformed into intricate shapes and designs without cutting or gluing. This creative hobby blends art and geometry, offering endless possibilities to craft animals, flowers and decorative models. With simple folds evolving into complex creations, origami is a fun and engaging way to explore the beauty of paper craftsmanship.

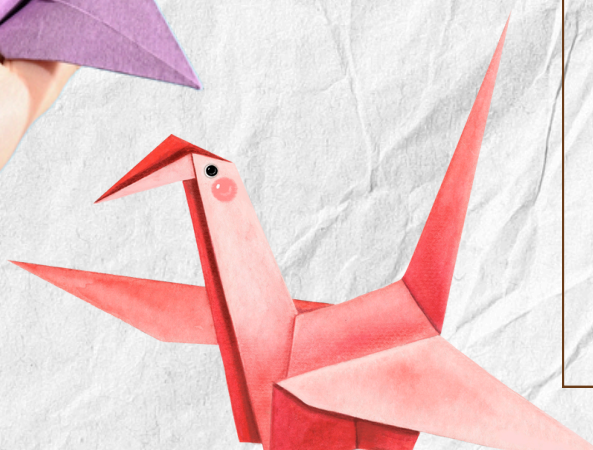


INTRODUCTION

- Advanced Models – Butterfly, Koi Fish, Ice Cream, Scorpion, Hat, Flower Pot.
- Other Creations – Rose, Crane, Ninja Star, Lotus, Peacock, Bird of Paradise, Go-Cart, Shikara, Ball, Ring Box, Autumn Leaf, Cup, Crab.

EXPLORE

- Insects & Animals – Dragonfly, Crow, Hummingbird, Swan, Frog, Panda, Hippo, Snail, Crawling Snake.
- Floral Designs – Tulip, Daffodil, Rose.
- Fruits & Objects – Strawberry, Diamond, Bachelor's Hat, Maple Leaf.



SKILL DEVELOPMENT

Origami enhances perfection, neatness, fine motor skills, hand-eye coordination, creativity and imagination, refining attention to detail in every fold. It also promotes organization, symmetry in drawing, precision in personal grooming and patience, making structured folding a mindful and practical skill in daily life.

POTTERY

Explore the art of Clay!

Pottery is a hands-on art where students shape clay into creative forms using techniques like pinching, coiling and slab work. It allows them to explore different textures, shapes and designs while understanding the transformation of clay from soft to solid through drying and firing. From simple bowls to imaginative sculptures, pottery offers an exciting way to experiment with form and function.



INTRODUCTION

- Introduction to Clay
- Hand-building Techniques:
- Ganesha Idol Making
- Clay Trays & Dishes
- Bird Sculpting
- Miniature Musical Instruments
- Carving Designs on Clay Slabs

EXPLORE

- Pottery Wheel Mastery
- Using the Pottery Wheel
- Creating Articles with Wheel Techniques
- Exploring Advanced Clay Art



SKILL DEVELOPMENT

Learning pottery as a hobby enhances creativity, improves focus and promotes mindfulness through hands-on engagement with clay. It strengthens fine motor skills, boosts patience and provides a therapeutic outlet for self-expression. Pottery also fosters problem-solving skills, encourages sustainability by creating handmade items and instills a sense of accomplishment. Plus, it offers opportunities for social interaction and even entrepreneurship.

CALLIGRAPHY

Beautiful Writing, Timeless Art!

Calligraphy is the art of beautiful handwriting, combining skill, creativity and precision to create visually appealing letters and scripts. It involves mastering strokes, letterforms and styles using specialized tools like brush pens, markers and nibs.



INTRODUCTION

- Basic Strokes with Chisel Marker – Practicing essential strokes.
- Pattern Writing – Creating designs using calligraphy strokes.
- Capital & Small Letters – Learning Chancery Italic font with precision
- Word Composition – Forming structured words in calligraphy.
- Assignment Integration – Applying calligraphy in academic work.
- Poster Design – Crafting creative calligraphy-based posters.
- Hands-on Practice – Using calligraphy pens for refined lettering.

EXPLORE

- Basic Strokes – Practicing fundamental brush pen techniques
- Pattern Writing – Creating decorative designs with calligraphy strokes.
- Capital & Small Letters – Learning "Plantillas de Font" with precision
- Word Composition – Structuring words beautifully in calligraphy.
- Assignment Integration – Applying calligraphy skills in projects.
- Poster Design – Designing creative posters with calligraphy fonts.
- Hands-on Practice – Using calligraphy pens effectively for artistic lettering.

SKILL DEVELOPMENT

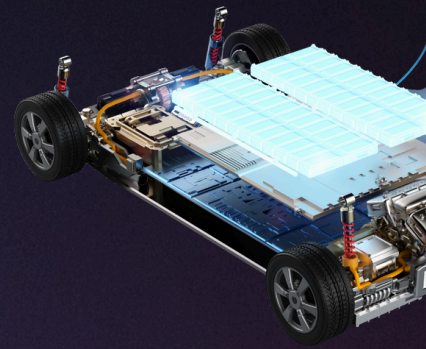
Calligraphy enhances handwriting, creativity and focus while strengthening precision and fine motor skills. It adds beauty to assignments, projects and personal creations like posters and greeting cards, fostering artistic expression with confidence.



SCIENTIFIC TOYS

Explore, Experiment, Innovate!

The Scientific Toys hobby revolutionizes science education by making learning interactive and engaging. Through hands-on kits and experiential programs, it fosters curiosity and a deep understanding of scientific concepts. This hobby bridges the gap between talent and skill by promoting 'Skill-Based' and 'Experiential Learning', aligning with the vision of the New Education Policy. It inspires young minds and transforms the way science is taught and experienced.



INTRODUCTION

- Basics of Electronics
- Hands-on Circuit Building
- Electrochemistry Experiments
- Sensor-Based Learning
- Understanding Circuit Design
- Transistors & Applications



EXPLORE

- Interfacing proximity sensors and understanding voltage regulation (LM 7805 IC)
- Exploring motor types, mechanisms and motor control with L293D driver boards
- Drawing circuit board diagrams and constructing motor driving circuits using IR sensors
- Introduction to automation, smart devices, and robotics coding
- Basics of IDE software, Arduino UNO structure and board interfacing
- Writing the first Arduino-based program (LED blinking)

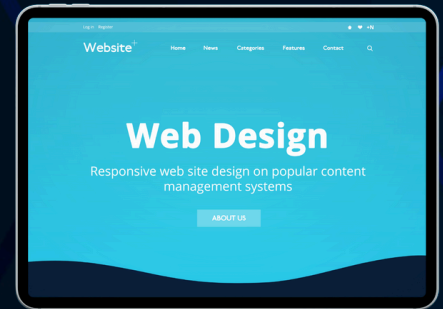
SKILL DEVELOPMENT

The Scientific Toys Hobby makes science fun and practical through hands-on learning in STEM fields. Students explore real-world applications, develop technical skills and enhance creativity, problem-solving and innovation with interactive kits. It nurtures curiosity and scientific thinking, helping students understand everyday technology and prepare for future advancements.

WEBSITE DESIGNING

Explore, Learn & Create Interactive Websites!

Website Designing is a creative and technical hobby that introduces students to the fundamentals of web development, AI and programming. It encourages experimentation with coding techniques, the development of visually appealing interfaces and the creation of functional websites for various purposes. Through hands-on projects, students gain experience in structuring content, styling web pages and integrating dynamic features to bring their ideas to life in the digital world.



EXPLORE

INTRODUCTION

- School/Class Website – Design a web page showcasing class activities and updates.
- Flip Book (E-Book) – Create a digital book with interactive flipping pages.
- Make My Trip – Develop a travel booking website prototype with destinations and packages.
- My Favourite Book – Build a web page featuring book reviews with images and descriptions.
- Shopping Cart – Design a basic e-commerce site with product listings and a cart system.
- Game Creation – Develop a simple interactive game using JavaScript.
- Simple Calculator – Create a JavaScript-based calculator for arithmetic operations.

- Advanced HTML & CSS – Forms, tables, media, animations.
- JavaScript Basics – Variables, loops, event handling.
- Python for Web – Form handling basics.
- PHP & MySQL – Database connectivity & storage.
- Mini Projects – Interactive websites & apps.
- Capstone Project – Full website using HTML, CSS, JS, Python & PHP.
- Digital Services – E-Library, Event Signup, Emergency Contacts.
- Interactive Platforms – Storytelling, Poll System.
- E-Commerce & Booking – Medicine Store, Doctor & Cab Booking



SKILL DEVELOPMENT

Website Designing teaches students to create dynamic web pages using HTML, CSS and JavaScript, integrating interactive elements. They develop user-friendly designs, enhance problem-solving skills and explore creative projects like blogs, portfolios and school websites. This hobby fosters logical thinking and future-ready skills for careers in web design and digital innovation.

GUITAR

Strum, Play, Create – Let Music Speak!

Guitar playing is a creative and expressive hobby that allows individuals to explore the world of music through melodies, chords and rhythm. It involves learning finger techniques, strumming patterns and musical scales to create harmonious sounds. Whether playing simple tunes or complex compositions, this hobby encourages musical exploration and personal expression.

INTRODUCTION

- Basic Finger Movement Exercises
- Playing Small Tunes
- Introduction to Scales
- Basic Chords

EXPLORE

- Basic Finger Exercises
- Small Tunes
- Scales & Chords Mastery
- Rhythm Patterns
- Advanced Techniques
- Hand & Finger Coordination

SKILL DEVELOPMENT

Learning guitar helps in developing motor skills. It improves concentration, increases confidence, enhances creativity, rhythm develops calculative mind, relieves stress and sharpens alertness. It also enhances quick decision-making skills and fosters creativity, allowing students to express themselves through music and improvisation.

DRAWING

Discover the Joy of Drawing!

Drawing is more than just an art form—it's a way to express emotions, develop creativity and explore different perspectives. Whether sketching from imagination or observing real-life objects, drawing allows you to capture the world in your unique style.



INTRODUCTION

- Fundamentals of Drawing – lines, shapes, shading, values, proportion and measurement
- Basic Forms & Shading
- Pot & Line Drawing
- Ganapati & Festival Art
- 2D Design & Memory Drawing
- Mandala & Still Life

EXPLORE

- Object Drawing
- Animal & Wildlife Art
- Colour Design Theory
- Shading Techniques
- Nature & Birds Drawing
- Traditional Art Forms
- Doodle Art & Craft Activities
- Scenery & Memory Drawing

SKILL DEVELOPMENT

Drawing enhances creativity, observation and fine motor skills while improving focus and patience. It strengthens spatial awareness, colour theory and composition, helping in artistic expression and design thinking. Beyond art, it benefits daily life by improving handwriting, planning, DIY projects and organizing spaces. It also aids in problem-solving, effective communication through visual representation and even career opportunities in design, animation and architecture.



BOLLYWOOD DANCE

Dance, Express, Shine – The Bollywood Way!

Bollywood dance is a fun and energetic mix of Indian and modern dance styles. In this class, students will learn exciting moves, expressions and choreography to popular Bollywood songs. Get ready to dance, enjoy the music and have a great time!



INTRODUCTION

- Artistic movement that expresses emotions, stories and rhythms.
- Combines body movements, rhythm and music for creative expression.
- Found in cultural, classical and contemporary forms.
- A fusion of classical, folk and Western dance style

EXPLORE

- Stage Techniques – Mastering movement and presence.
- Expression & Storytelling – Conveying emotions through dance.
- Colorful & Grand Presentations – Vibrant costumes and props.
- Group Synchronization – Perfecting coordinated moves.
- Solo Improvisation – Freestyle and creativity

SKILL DEVELOPMENT

Bollywood dance is a lively blend of rhythm, expression and energy that enhances coordination, flexibility and fitness. It builds confidence, creativity and stage presence while improving rhythm, musicality and teamwork. Dancing uplifts mood, reduces stress and boosts concentration, making it a great way to stay active and engaged. It also connects students to culture through expressive storytelling and diverse dance styles. Most importantly, Bollywood dance is fun, vibrant and a joyful way to express oneself while staying fit and confident.



KATHAK

Discover the Grace & Rhythm of Kathak!

Kathak is a classical dance form from North India, known for its intricate footwork, graceful expressions and captivating storytelling. The dance features rhythmic taal presentations, abhinay (expressions) and the melodious sound of ghungroos (little brass bells) adorning the dancer's feet.

INTRODUCTION

- Origin & History – Temple roots, Mughal influence, storytelling (Katha).
- Basic Elements- Posture & Stance | Tatkaar (Footwork) | Hastak (Hand Movements) | Chakkars (Spins) | Expressions (Bhav & Abhinaya)
- Foundational Movements - Thaata (Graceful Poses) | Aamad (Entry Step)
- Toda & Tukda (Rhythmic Compositions) | Paran (Bol-based Sequences)
- Gat (Stylized Walks)
- Performance Choreographies - Group Performances | Solo Performance

EXPLORE

- Understanding Accompaniments in Kathak - Lehra
- Speed Variations (Laya – Vilambit, Madhya, Drut)
- Movements & Gestures
- Gharanas (Styles of Kathak)
- Nritta
- Nritya
- Chakkars (Pirouettes/Spins)
- Taal System in Kathak

SKILL DEVELOPMENT

Learning Kathak enhances grace, rhythm and storytelling through dance while improving physical fitness, flexibility and coordination. It strengthens mental focus, discipline and emotional expression, fostering cultural appreciation and confidence. The blend of intricate footwork, hand gestures and expressions refines motor skills and memory, making it a holistic art form that nurtures both mind and body.



ORGANIC GARDENING

Go Organic, Grow Healthy!

Organic gardening as a hobby involves growing plants, vegetables and fruits without synthetic fertilizers, pesticides or chemicals. It focuses on using natural compost, crop rotation and eco-friendly pest control methods to maintain soil health and biodiversity. This hobby promotes sustainability, healthy eating and environmental awareness while providing a rewarding and therapeutic experience for gardener.



INTRODUCTION

- Understanding plants: Growth, reproduction and benefits
- Different types of plant classification
- Advanced technologies for plant and vegetable cultivation
- Soil preparation techniques
- Hands-on experience in growing plants
- Identifying various types of plants

EXPLORE

- Soil Science and Composting
- Understanding soil structure and composition
- Importance of composting in organic gardening
- Setting up a composting system: materials, methods and maintenance
- Plant Selection and Propagation
- Garden Maintenance and Pest Management
- Harvesting and Preserving

SKILL DEVELOPMENT

Organic gardening promotes sustainability, healthy living and environmental responsibility by growing plants without chemicals. It provides fresh, pesticide-free food, improves soil health, reduces pollution and supports biodiversity. This hands-on hobby enhances knowledge, relieves stress, encourages physical activity and fosters patience and responsibility. Gardening naturally connects us to nature while promoting self-sufficiency and well-being.



PAINTING



Colors of Joy, Shades of Expression!

Painting as a hobby for students is an artistic activity where they use colors, brushes and various techniques to create visual expressions on paper, canvas or other surfaces. It involves exploring different styles like watercolor, acrylic or oil painting while learning about composition, shading and color theory. This hobby encourages creativity and allows students to experiment with ideas, themes and storytelling through art.

INTRODUCTION

- Explored Mediums: Acrylic, Poster and Watercolors
- Colour Mixing: Learned blending techniques
- Nature Painting: Landscapes, flora and fauna
- Thematic Art: Vitthal-Rakhumai & Ganpati paintings
- Underwater Scene: Fish painting with depth & movement
- Personal Expression: Created unique artworks
- Canvas Painting: Leaf painting with texture detailing.

EXPLORE

- Colour Mixing: Learn the Colour Wheel – Primary, Secondary, Tertiary.
- Still Life: Paint everyday objects with depth and realism.
- Object Painting: Focus on detailed rendering of objects.
- Dot Painting: Create intricate designs with dot techniques.
- Bird Painting: Illustrate birds with texture and detail.
- Canvas Painting: Work on large-scale compositions.
- Traditional Art: Explore Indian and folk art styles.
- Bag Design: Customize fabric bags with unique artwork.
- T-shirt Painting: Design creative, wearable art.
- One-Stroke Painting: Master floral designs with single brush strokes.

SKILL DEVELOPMENT

Painting as a hobby nurtures creativity, self-expression and imagination while enhancing observation skills, focus and patience. It improves hand-eye coordination, fine motor skills and visual awareness, making it both an artistic and cognitive exercise. Beyond skill-building, painting is a therapeutic activity that relieves stress, boosts confidence and encourages emotional expression. Whether for relaxation or artistic growth, it serves as a powerful medium to communicate ideas, explore colours and develop a deeper appreciation for art.



D-JEMBE

Feel the Rhythm, Play the Beat!

The Djembe is a traditional West African drum known for its deep bass, sharp tones and rich cultural heritage. Played with bare hands, it produces a wide range of sounds that create rhythmic and energetic beats. In this hobby, students will explore the fundamental techniques of djembe playing, learn traditional African rhythms and experience the joy of making music together. Through engaging sessions, they will understand the essence of drumming as a form of communication, expression and storytelling.



INTRODUCTION

- Djembe Origins – History and cultural significance.
- Drum Structure – Materials and design.
- Basic Sounds – Bass, Tone and Slap.
- Hand Control – Accuracy in drumming.
- Rhythmic Patterns – Simple beats.
- Traditional Beats – African rhythms.
- Group Coordination – Playing in sync.
- Call & Response – Interactive drumming.
- Rhythm Sequences – Group performances.

EXPLORE

- Beat & Tempo – Identify rhythm in songs.
- Pattern Matching – Adapt to different music styles.
- Steady Beats – Maintain consistent rhythm.
- Speed & Intensity – Adjust drumming dynamics.
- Layering Beats – Play along with background music.
- Fills & Variations – Experiment with different patterns.
- Creative Drumming – Add personal style.
- Group Coordination – Sync with others.
- Live Performance – Play with recorded or live music.

SKILL DEVELOPMENT

Learning the Djembe enhances rhythm, coordination and focus while encouraging creativity and self-expression. It builds teamwork, social skills and confidence, strengthens hand muscles and acts as a stress reliever. Drumming also connects students to rich cultural traditions, making it a fun and enriching experience.



CHESS

A Game of Infinite Possibilities!

A chess hobby involves playing, exploring strategies, solving puzzles and studying famous games. It includes learning openings, practicing tactics, understanding endgames and participating in friendly matches or tournaments. Chess can be enjoyed casually with friends or taken to a competitive level through structured practice and game analysis.



INTRODUCTION

- Origin & History – Temple roots, Mughal influence, storytelling (Katha).
- Basic Elements- Posture & Stance | Tatkaar (Footwork) | Hastak (Hand Movements) | Chakkars (Spins) | Expressions (Bhav & Abhinaya)
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- Gat (Stylized Walks)
- Performance Choreographies - Group Performances | Solo Performance

EXPLORE

- Mating Threats & Defense – Creating and countering checkmate threats
- Material Exchange & Calculation – Evaluating trades for advantage
- Skewer & X-Ray Attack – Powerful attacking tactics
- Opening Strategies – Key openings for White and Black
- Sacrifice Tactic – Strategic piece sacrifices for better position
- Overloaded Pieces – Identifying and exploiting overworked defenders
- Endgame Checkmating Patterns – Common checkmates in the final phase of the game.

SKILL DEVELOPMENT

The chess hobby helps learners build a strong foundation in rules, piece movement and strategy. It enhances tactical skills like forks, pins and skewers while improving decision-making and game analysis through notation. Players master key checkmate patterns, special moves and defensive techniques. Understanding tournament rules prepares them for competitive play. With regular practice and puzzle-solving, they refine their skills and strategic thinking.



SKETCHING

The First Step in Creation!

Sketching is the art of making quick, freehand drawings to capture the main features of a subject without focusing on detailed accuracy. These initial illustrations can serve as the basis for more detailed artwork or stand alone as expressive representations. Sketching is rapidly used to record observations, develop ideas or convey concepts, typically using mediums such as pencil, charcoal or ink. This spontaneous form of drawing emphasizes fluidity and immediacy, allowing artists to explore composition, form and perspective with minimal constraints.

INTRODUCTION

- Materials: Pencils, erasers, sketchbooks, papers.
- Observation: Enhance hand-eye coordination.
- Warm-ups: Practice lines, circles, basic shapes.
- Basic Forms: Simplify complex objects into geometric shapes.
- Contour Drawing: Outline object edges.
- Gesture Drawing: Quick sketches capturing movement.
- Shading Techniques:
 - Value Scales: Gradients from light to dark.
 - Hatching/Cross-Hatching: Depth and texture.
 - Stippling/Blending: Various textures and tones



SKILL DEVELOPMENT

Engaging in sketching as a hobby offers numerous benefits, including enhancing creativity, improving memory and concentration, reducing stress, developing fine motor skills, boosting self-esteem, encouraging mindfulness and sharpening observation skills. Additionally, sketching fosters analytical thinking, improves problem-solving abilities and serves as a non-verbal medium for self-expression and communication. Incorporating sketching into your routine can lead to personal growth and a more enriched life experience.

JAPANESE



Explore the world of Japanese Culture

Learning Japanese is more than just mastering words – it is about embracing a unique way of thinking and understanding traditions that have shaped Japan for centuries. This course fosters cultural awareness, adaptability and a broader perspective by encouraging curiosity and appreciation of Japanese customs. From traditional greetings like Ojigi (bowing) to understanding daily life expressions, students will gain deeper insights into Japan's rich heritage, social etiquette and time-honored practices.

INTRODUCTION

- Discover Japan – Map, History, Landmarks, Festivals.
- Language Basics – Greetings, Numbers, Hiragana, Katakana, Verbs.
- Vocabulary & Grammar – Family, Self-Intro, Adjectives, Particles, Counters.
- Culture & Comprehension – Traditions, Body Parts, Days, Ojigi, Time.

SKILL DEVELOPMENT

Designed for beginners, this course provides a strong foundation in the Japanese language, enabling students to read, write and speak at a basic level. Through interactive sessions, they will develop essential communication skills, learning to construct simple sentences, recognize key grammar patterns and engage in everyday conversations. With a focus on practical application, students will gain confidence in expressing themselves in Japanese while enhancing their linguistic and cultural understanding.



CULINARY ARTS

Flavors, Fun, and Fundamentals!

Culinary arts encompass the preparation, cooking, presentation, and service of food. This field involves transforming ingredients into meals, focusing on flavor, texture and visual appeal. It includes various techniques and skills, from basic cooking methods to intricate plating designs, all aimed at creating enjoyable dining experiences.

INTRODUCTION

- Learn proper dining etiquette, including utensil use and respectful conversation.
- Prepare simple dishes without using gas appliances, focusing on safety and creativity.
- Practice basic techniques to create decorative designs from vegetables.
- Understand balanced diets and plan nutritious meals incorporating various food groups.

SKILL DEVELOPMENT

Cooking as a hobby enhances creativity through recipe experimentation and presentation. It promotes better health by encouraging mindful ingredient choices and portion control. Successfully preparing meals boosts confidence while teaching essential life skills like planning, time management and organization. Cooking also serves as a relaxing, stress-reducing activity and strengthens social bonds through shared meals. Overall, it is a fulfilling and enriching pastime that supports personal growth and well-being.



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